

VISIT TO COWBRIDGE PHYSIC GARDEN AND ST CADOC'S CHURCH, LLANCARFAN
THURSDAY 18 July 2019

The Physic Garden is located on Church Street in the centre of Cowbridge. The garden was originally part of the Old Hall gardens, laid out by the Edmondes family in the 18th century. Badly neglected in the 20th century it was brought back to life by enthusiastic volunteers and today is a glorious array of medicinal plants and herbs, typical of physic gardens from centuries past. The site is relatively small but is laid out in a formal pattern and contains a fascinating variety of species that would traditionally have been used for healing, cooking and dyeing fabrics.

The church of St Cadoc at Llancafarn is in the heart of this small village in the Vale of Glamorgan. It dates from the 13th century and is Grade I listed. From the outside it looks like just another beautiful small Welsh village church, but inside are magnificent medieval wall paintings. Although it was known that there were paintings under the many layers of limewash which had covered the walls for centuries, it was not until 2008 that conservationists began the painstaking and lengthy task of removing the limewash and revealing the pictures beneath. These include images of the seven deadly sins, a royal family, a ghoulish death figure, and, what has been described as one of the largest and most spectacular tableaux of St George and the Dragon ever seen in a British church.

Please note that transport to Cowbridge and Llancafarn is not included.

The programme for the day is as follows:

- 11.15 a.m. Guided tour of Cowbridge Physic Garden.
- 12.15 p.m. Depart for Llancafarn.
- 1.00 p.m. Lunch at Fox and Hounds, Llancafarn (Sandwiches, salads, etc)
- 2.30 p.m. Visit and talk at St. Cadoc's Church.
- 3.30 p.m. Departure.

Numbers for the visit are limited to 30 and a ballot will be held if the visit is oversubscribed. The cost of the day is £21 and includes guided tour of the Physic Garden, lunch at the Fox and Hounds and a donation to the church.

To join the visit, please send a cheque payable to Friends of National Museum Wales together with a completed form to Janet Jones, Brayton, Creigiau, Cardiff CF15 9NN. Tel: 029 20890216 email: peterjanbrayton@gmail.com Mob: 07592 812039. Please enclose a stamped addressed envelope only if you have not provided an email address or wish to receive a priority voucher should the visit be oversubscribed. Further details concerning arrangements for the visit will be sent in due course to those participating in the event.

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To: Friends of National Museum Wales
A Visit to Cowbridge Physic Garden and St. Cadoc's Church, Llancafarn - Thursday 18 July 2019

Names(s).....Address.....

.....Postcode Tel Mob Email

Please indicate any dietary requirements.....

Please reserve places for the above event. I enclose a cheque for £..... payable to Friends of National Museum Wales.

I/we confirm membership of Friends National Museum Wales